PHR/SPHR 12 WEEK STUDY SCHEDULE: 2025 HRCP Program - www.hrcp.com

| DAY | √ | UNIT & PAGE # | SECTION | # OF PAGES | TOPICS | |
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| | | Read: Guide for Successful Exam Preparation | | | Found on the MY HRCP page under the Online Books tab | |
| | | Take: Pre-Test | | | Score: | |
| | WEEK ONE | | | | | |
| М | | Unit 1: 2-17 | 1.1 - 1.1.7 | 16 | 1.1 Strategic Human Resource Management (Answer Self-assessment) | |
| Т | | Unit 1: 20-39 | 1.2 - 1.2.6 | 20 | 1.2 Organizational Strategy (Answer Self-assessment) | |
| W | | Unit 1: 42-54 | 1.3- 1.3.4 | 13 | 1.3 HR Control and Evaluation (Answer Self-assessment) | |
| TH | | Unit 1: 58-71 | 1.4 - 1.4.4 | 14 | 1.4 HR Technology and Communication (Answer Self-assessment) | |
| F | | Unit 1: 74-93 | 1.5 - 1.5.4 | 20 | 1.5 Organizational Environments (Answer Self-assessment) | |
| S | | CATCH UP & REVIEW | | | | |
| | WEEK TWO | | | | | |
| М | | Unit 1: 96-105 | 1.6 - 1.6.7 | 10 | 1.6 Organizational Design & Development (Answer Self-assessment) | |
| IVI | | Unit 1: 108-117 | 1.7 - 1.7.7 | 10 | 1.7 Organizational Culture (Answer Self-assessment) | |
| Т | | Unit 1: 120-136 | 1.8 - 1.8.11 | 17 | 1.8 Global HR Management (Answer Self-assessment) | |
| W | | Unit 1: 140-147 | 1.9.1 - 1.9.4 | 8 | 1.9 Leadership & Management Theories (Answer Self-assessment) | |
| VV | | Unit 1: 150-157 | 1.10 - 1.10.4 | 8 | 1.10 Decision Making (Answer Self-assessment) | |
| TH | | Unit 1: 160-177 | 1.11 - 1.11.4 | 18 | 1.11 Ethics (Answer Self-assessment) | |
| F | | Unit 1: 180-196 | 1.12 - 1.12.4 | 17 | 1.12 HR Research and Analytics (Answer Self-assessment) | |
| F | | Review Unit 1 & Take Practice Exams | | | Scores: | |
| S | | CATCH UP & REVIEW | | | | |

| | WEEK THREE | | | | |
|----|------------------------|-------------------------------------|----|---------------------------------------------------------------------------|--|
| М | Unit 2: 2-21 | 2.1 - 2.1.3 | 20 | 2.1 Employment Discrimination | |
| Т | Unit 2: 21-44 | 2.1.4 - 2.1.9 | 24 | 2.1 Employment Discrimination (cont) | |
| W | Unit 2: 44-50 | 2.1.10 -2.1.11 | 7 | 2.1 Employment Discrimination (cont) (Answer Self-assessment) | |
| | Unit 2: 54-69 | 2.2 - 2.2.4 | 16 | 2.2 Human Resource Planning | |
| TH | Unit 2: 69-79 | 2.2.5 | 11 | 2.2 Human Resource Planning (cont) (Answer Self-assessment) | |
| | Unit 2: 82-91 | 2.3.1 - 2.3.7 | 10 | 2.3 Job Analysis, Description, and Specification (Answer Self-assessment) | |
| F | Unit 2: 94-110 | 2.4 - 2.4.5 | 17 | 2.4 Recruitment (Answer Self-assessment) | |
| S | CATCH UP & REVIEW | | | | |
| | WEEK FOUR | | | | |
| М | Unit 2: 112-127 | 2.5 - 2.5.5 | 16 | 2.5 Selection | |
| Т | Unit 2: 128-145 | 2.5.6 - 2.5.7 | 18 | 2.5 Selection (cont) | |
| W | Unit 2: 145-159 | 2.5.8 - 2.5.13 | 15 | 2.5 Selection (cont) (Answer Self-assessment) | |
| TH | Review Unit 2 & Take I | Review Unit 2 & Take Practice Exams | | Scores: | |
| F | Unit 3: 2-17 | 3.1 - 3.1.4 | 16 | 3.1 Training and Development in the Organization (Answer Self-assessment) | |
| S | CATCH UP & REVIEW | | | | |
| | | | | WEEK FIVE | |
| М | Unit 3: 20-41 | 3.2 - 3.2.3 | 22 | 3.2 Principles of Training and Development (Answer Self-assessment) | |
| Т | Unit 3: 44-63 | 3.3 - 3.3.5 | 20 | 3.3 Training and Development Techniques (Answer Self-assessment) | |
| W | Unit 3: 66-71 | 3.4 - 3.4.2 | 6 | 3.4 Presenting the Training: Delivery (Answer Self-assessment) | |
| VV | Unit 3: 74-84 | 3.5 - 3.5.4 | 11 | 3.5 Evaluation of Training Effectiveness (Answer Self-assessment) | |
| TH | Unit 3: 86-108 | 3.6.1 - 3.6.5 | 23 | 3.6 Talent Management Programs | |
| F | Unit 3: 108-112 | 3.6.6 -3.6.8 | 5 | 3.6 Talent Management Programs (cont) (Answer Self-assessment) | |
| | Unit 3: 114-122 | 3.7 - 3.7.4 | 9 | 3.7 Performance Management | |
| S | CATCH UP & REVIEW | | | | |

| | WEEK SIX | | | | | |
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| М | Unit 3: 122-136 | 3.7.5 - 3.7.7 | 15 | 3.7 Performance Management | | |
| Т | Unit 3: 136-145 | 3.7.8 - 3.7.11 | 10 | 3.7 Performance Management (cont) (Answer Self-assessment) | | |
| W | Unit 3: 148-164 | 3.8 - 3.8.9 | 17 | 3.8 Change Management (Answer Self-assessment) | | |
| | Unit 3: 166-178 | 3.9 - 3.9.4 | 13 | 3.9 Organizational Development Interventions (Answer Self-assessment) | | |
| TH | Unit 3: 180-185 | 3.10 - 3.10.3 | 6 | 3.10 Employee Retention | | |
| | Review Unit 3 & Take I | Practice Exams | | Scores: | | |
| F | Unit 4: 2-13 | 4.1 - 4.1.5 | 12 | 4.1 Total Rewards: Financial and Non-financial (Answer Self-assessment) | | |
| S | CATCH UP & REVIEW | | | | | |
| | WEEK SEVEN | | | | | |
| М | Unit 4: 16-21 | 4.2 - 4.2.4 | 6 | 4.2 The Wage-Level Decision (Answer Self-assessment) | | |
| IVI | Unit 4: 24-34 | 4.3 - 4.3.5 | 11 | 4.3 Job Evaluation Methods (Answer Self-assessment) | | |
| Т | Unit 4: 36-47 | 4.4 - 4.4.8 | 12 | 4.4 Job Pricing and Pay Rate Administration(Answer Self-assessment) | | |
| ' | Unit 4: 50-54 | 4.5.1 - 4.5.6 | 5 | 4.5 Economic Factors Affecting Compensation (Answer Self-assessment) | | |
| W | Unit 4: 56-73 | 4.6 - 4.6.2 | 18 | 4.6 Incentive Compensation Systems | | |
| TH | Unit 4: 73-84 | 4.6.3 - 4.6.8 | 12 | 4.6 Incentive Compensation Systems (cont)(Answer Self-assessment) | | |
| F | Unit 4: 86-95 | 4.7 - 4.7.6 | 10 | 4.7 Executive Compensation (Answer Self-assessment) | | |
| S | CATCH UP & REVIEW | | | | | |
| | WEEK EIGHT | | | | | |
| М | Unit 4: 98-122 | 4.8 - 4.8.9 | 25 | 4.8 Compensation Laws and Regulations (Answer Self-assessment) | | |
| Т | Unit 4: 124-137 | 4.9 - 4.9.4 | 14 | 4.9 Employee Benefit Programs | | |
| W | Unit 4: 137-151 | 4.9.5 - 4.9.9 | 15 | 4.9 Employee Benefit Programs (cont)(Answer Self-assessment) | | |
| TH | Unit 4: 154-163 | 4.10 - 4.10.2 | 10 | 4.10 Health Care Benefits (Answer Self-assessment) | | |
| IП | Unit 4: 166-173 | 4.11 - 4.11.5 | 8 | 4.11 Managing Employee Benefit Programs (Answer Self-assessment) | | |
| F | Unit 4: 176-198 | 4.12 - 4.12.9 | 23 | 4.12 Benefits Laws and Regulations (Answer Self-assessment) | | |
| S | CATCH UP & REVIEW | | | | | |

| | WEEK NINE | | | | |
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| | Unit 4: 202-206 | 4.13 - 4.13.2 | 5 | 4.13 Evaluating Strategy & Program Effectiveness (Answer Self-assessment) | |
| М | Review Unit 4 & Take F | Practice Exams | | Scores: | |
| _ | Unit 5: 2-3 | 5.1 | 2 | 5.1 Employee Relations (Answer Self-assessment) | |
| Т | Unit 5: 6-16 | 5.2 - 5.2.5 | 11 | 5.2 Employee Engagement (Answer Self-assessment) | |
| W | Unit 5: 18-32 | 5.3 - 5.3.8 | 15 | 5.3 Employee Involvement Strategies (Answer Self-assessment) | |
| | Unit 5: 36-41 | 5.4 - 5.4.3 | 6 | 5.4 Diveristy, Equity, Inclusion, and Belonging (Answer Self-assessment) | |
| TH | Unit 5: 44-53 | 5.5 - 5.5.5 | 10 | 5.5 Labor Relations (Answer Self-assessment) | |
| F | Unit 5: 56-67 | 5.6 - 5.6.6 | 12 | 5.6 Union Representation of Employees (Answer Self-assessment) | |
| S | CATCH UP & REVIEW | | | | |
| | WEEK TEN | | | | |
| | Unit 5: 70-77 | 5.7 - 5.7.4 | 8 | 5.7 Employer Unfair Labor Practices (Answer Self-assessment) | |
| М | Unit 5: 80-90 | 5.8-5.8.6 | 11 | 5.8 Union Unfair Labor Practices and Strikes (Answer Self-assessment) | |
| | Unit 5: 92-103 | 5.9 - 5.9.9 | 12 | 5.9 Collective Bargaining (Answer Self-assessment) | |
| Т | Unit 5: 106-109 | 5.10 - 5.10.3 | 4 | 5.10 Maintaining Nonunion Status (Answer Self-assessment) | |
| | Unit 5: 112-114 | 5.11-5.11.4 | 3 | 5.11 Public Sector Labor Relations (Answer Self-assessment) | |
| W | Unit 5: 116-129 | 5.12 - 5.12.5 | 14 | 5.12 Grievance Systems (Answer Self-assessment) | |
| TH | Unit 5: 132-144 | 5.13 - 5.13.5 | 13 | 5.13 Employee Discipline Systems (Answer Self-assessment) | |
| F | Unit 5: 146-156 | 5.14 - 5.14.6 | 11 | 5.14 Individual Employment Rights (Answer Self-assessment) | |
| S | CATCH UP & REVIEW | | | | |
| | | | | WEEK ELEVEN | |
| М | Unit 5: 158-173 | 5.15 - 5.15.7 | 16 | 5.15 Workforce Behavior Problems (Answer Self-assessment) | |
| Т | Unit 5: 176-185 | 5.16 - 5.16.5 | 10 | 5.16 Organizational Exit (Answer Self-assessment) | |
| | Review Unit 5 & Take I | Practice Exams | | Scores: | |
| W | Unit 6: 2-3 | 6.1 - 6.1.1 | 2 | 6.1 Risk Management (Answer Self-assessment) | |
| | Unit 6: 6-21 | 6.2 - 6.2.4 | 16 | 6.2 Safety | |
| TH | Unit 6: 21-31 | 6.2.5 - 6.2.7 | 11 | 6.2 Safety (cont) (Answer Self-assessment) | |
| F | Unit 6: 34-51 | 6.3 - 6.3.5 | 18 | 6.3 Health | |
| S | CATCH UP & REVIEW | | | | |

| | WEEK TWELVE | | | | | |
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| М | Unit 6: 51-64 | 6.3.6 - 6.3.9 | 14 | 6.3 Health (cont) (Answer Self-assessment) | | |
| Т | Unit 6: 66-85 | 6.4 - 6.4.4 | 20 | 6.4 Security | | |
| W | Unit 6: 86-100 | 6.4.5 - 6.4.7 | 15 | 6.4 Security (cont) (Answer Self-assessment) | | |
| TH | Review Unit 6 & Take I | Review Unit 6 & Take Practice Exams | | Scores: | | |
| F | REVIEW | | | | | |
| S | CATCH UP & REVIEW | | | | | |
| | REVIEW TIME | | | | | |
| | REVIEW | | | | | |
| | Take: Timed Comprehe | Take: Timed Comprehensive Exam #1 | | Scores: | | |
| | REVIEW | | | | | |
| | Take: Timed Comprehe | ensive Exam #2 | | Scores: | | |
| | REVIEW | | | | | |
| | Take: Timed Comprehe | ensive Exam #3 | | Scores: | | |
| | REVIEW | | | | | |
| | Take: Official Exam as | Take: Official Exam as Scheduled | | PASS EXAM!!! | | |